



# Blackthorn Primary School

## Nursery Spring 1 Newsletter



NORTHAMPTON PRIMARY  
ACADEMY TRUST PARTNERSHIP

Welcome to our Nursery! We are looking forward to welcoming children to our Nursery!  
This Curriculum newsletter aims to give you an insight into what we will be learning this term.  
Please talk to your child about what he/she is learning at nursery.

### Our Topic

This term we are learning all about Winter! The children have been learning about what keeps us warm when we are out in the cold as well as some of the changes that happen to the environment when the weather gets really cold! The children will be exploring the topic of Winter through a range of activities including messy play, creative activities and physical movement.

### Applying for Primary School Place

#### September 2021

A reminder that if your child turns 4 before the 31st August 2021, parents can apply for a school place. This can be done through the website below.

Visit the School admissions section at:  
**[www.northamptonshire.gov.uk](http://www.northamptonshire.gov.uk)**



### Tapestry

At Nursery, we observe, plan and assess using Tapestry to meet your child's individual needs. We encourage parents to take an active part in their child's learning and share with us all the fantastic things your child can do. Parents can do this by uploading observations of their child at home using individual accounts. If you need any support, please speak to a member of the EYFS team.

### 30 hours funding and additional hours

From September, we are pleased to offer 30 hours free childcare for the parents who are eligible for this. (Please see **[www.childcarechoices.gov.uk](http://www.childcarechoices.gov.uk)** for more details and to check eligibility). If you have any questions or queries please do not hesitate to contact the school on 01604 407254

### Reading books

It is lovely to see that the children are engaging with the books that are being sent home and taking an interest in prints and illustrations. Please could we ask that you write us a short note in the Reading Record book to let us know if they've enjoyed the story. Thank you!



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### Toilet Training



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#### How to start toilet training?

Keep the potty in the bathroom. If that's upstairs, keep another potty downstairs so your child can reach the potty easily wherever they are. The idea is to make sitting on the potty part of everyday life for your child.

Encourage your child to sit on the potty after meals, because digesting food often leads to an urge to do a poo. Having a book to look at or toys to play with can help your child sit still on the potty.

If your child regularly does a poo at the same time each day, leave their nappy off and suggest that they go in the potty. If your child is even the slightest bit upset by the idea, just put the nappy back on and leave it a few more weeks before trying again.

**Using a toilet is a new skill for your child to learn.** It's best to take it slowly and go at your child's pace. Being patient with them will help them get it right, even if you sometimes feel frustrated.

Children are able to control their bladder and bowels when they're physically ready and when they want to be dry and clean.

#### Is my child ready?

You can try to work out when your child is ready. There are a number of signs that your child is starting to develop bladder control:

Children know when they've got a wet or dirty nappy.

They get to know when they're peeing and may tell you they're doing it.

The gap between wetting is at least an hour (if it's less, potty training may fail and at the very least will be extremely hard work for you)

Children show they need to pee by fidgeting or going somewhere quiet or hide.

Children know when they need to pee

#### Using the toilet instead of the potty

Some children start using the toilet instead of the potty earlier than others. A child's trainer seat that clips onto the toilet can help make your child feel safer and more confident on the toilet. A step for your child to rest their feet on gets your child in a good position for doing a poo.

#### Most children can control their bowels before their bladder.

**By age 3**, 9 out of 10 children are dry most days – even then, all children have the odd accident, especially when they're excited, upset or absorbed in something else

**By age 4**, most children are reliably dry during the day.

It usually takes a little longer for children to learn to stay dry throughout the night. Although most learn this between the ages of 3 and 5, up to 1 in 5 children aged 5 sometimes wet the bed.

#### Potty training pants and pull-ups

Disposable or washable potty training pants (also called pull-ups) can be handy when you start potty training and can give children confidence when it's time to swap nappies for "grown-up" pants. They do not soak up wee as well as disposable nappies, so your child will find it easier to tell when they are wet.

Training pants should be a step towards normal pants, rather than a replacement for nappies. Encourage your child to keep their training pants dry by using the potty.